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Narrative Report

Name of the Organization	<i>Naya Goreto</i>
Project Title	<i>“Prevention of Transmission of HIV among drug users in SAARC countries” H13</i>
Project duration	<i>1 year (15th November 2011 to 14th November 2012)</i>
Project Location	<i>Lalitpur district</i>
Reporting period	<i>15th November 2011 to 14th November 2012</i>
Total Budget	<i>1,075,600/-</i>

1. Introduction/Background

Intravenous Drug Users are one of the significant high risk groups for HIV infections. Along with HIV, they are also vulnerable to other blood borne diseases and health complications. In response to reduce these risks among IDUs and their family members, Naya Goreto has been implementing the project titled “Prevention of transmission of HIV among Drug Users in SAARC Countries” (RAS/H13) with the support of UNODC since 3 years. The project aims to reduce HIV prevalence among intravenous drug users in Lalitpur district.

2. Project Objectives and Outputs

2.1 Project Objective

The major objective of the project is to reduce transmission of HIV and other blood borne infections among drug users and their partners in Lalitpur district.

Besides, other objectives of the project were:-

- To provide information to the drug users and other vulnerable groups on drug use, HIV and other blood borne infections
- To provide moral support and care to the vulnerable group by proper counseling
- To motivate service providers and other stakeholders for building up multiple referral linkage for providing better services
- To orient and advocate on health and human rights of drug users
- Create an enabling environment for drug users in their own community.

2.2 Project Outputs

- Clients are getting regular services from the DIC as well as from outreach;
- Wider information dissemination on HIV prevention and other harms of drugs through outreach ,Information Sessions and IEC Material distribution;



- Various programs with community members, stakeholders, GOs, CBOs has helped to address the issues of drug users and create an enabling environment for them;
- A strong referral mechanism with other stakeholders for easy access on available services for the drug users.

2.3 Project Achievement

- During this quarter **188** assessed clients were getting the services provided by Naya Goreto DIC.
- **88** clients were referred for the various services to different organizations.
- **50** drug users and **7** family members of drug users were counseled.
- **25,875** sterile needle and syringes were distributed.
- **7,984** condoms were distributed to the general people as well as the targeted groups.
- Monthly PE meeting
- **189** participants attended HR BCC sessions conducted by Naya Goreto.
- **153** participants were oriented on Harm Reduction.
- **117** people were sensitized on Harm Reduction issues.
- **107** participants were advocated on human and health rights of drug users.
- Naya Goreto organized 2 street dramas, mandala painting, documentary show and information stall to mark **World AIDS Day 2011**.
- **International Day against Illicit Drug Abuse and Trafficking 2012** was celebrated by conducting a general health camp and signature campaign.
- **218** drug users and general people were benefited from General health camps.

2.4 Geographical coverage including outreach sites

The coverage area of Naya Goreto is Lalitpur district. Drop In Center of Naya Goreto is located at Balkumari, ward no 8. The following areas have been covered through outreach for better service in Lalitpur district.

Outreach coverage area:

Lhola, Chyashal, Kumeshwor, Emukhel, Chakupat, Patandhoka, Chhabahal, Pulchwok, Natole, Tarkha, Ekhalakhu, Mangalbazar, Tangal, Sundhara, Lukhushi, Dupat, Tyagal, Sinchahiti, Prayagpokhari, Lagankhel, Manbhawan, Jawlakhel, Dhobighat, Vanimandal, Bagdole(Nakkhu), Yatayat, Nakhipot, Satdobato, Harisiddhi, Thaiba, Godawari, Gwarkho, Imadole, KIST Hospital.

2.5 Target group and beneficiaries

DUs along with Intravenous Drug Users are the primary target groups of Naya Goreto and are benefited from different services provided from DIC and outreach services like Needle/Syringe Exchange, PHC services, counseling and referral services to various other organizations. General community members and family members of drug users are also provided with primary health care services. Collection of used syringes from the local areas and its proper disposal by our outreach workers has benefited the local community from being infected by various diseases accidentally and keep the surrounding clean and healthy.

3. Specific Activities Under Taken

3.1 Staff recruitments

Mr. Rabindra Maharjan, Counselor of Naya Goreto passed away at the month of September because of liver complication. Mr. Mohan Magar who has been working as outreach worker in Naya Goreto was designated as Counselor. Ms. Raisha Sthapit was recruited as Outreach worker in place of Mr. Mohan Magar.

3.2 Needle Syringe Exchange Program

Naya Goreto conducted needle syringe exchange program in order to prevent transmission of HIV and other blood borne infection through peer outreach mobilization. Naya Goreto also disseminated education on safer drug using and sexual activities among drug users and general people.

A detail of Harm Reduction Supplies distributed by Naya Goreto during the year is presented in the table below:

Description	Last year remaining	Distributed	Remaining
Syringes (1ml)	19438	568	18870
Syringes (2ml)	11105	167	10938
Syringes (3ml)	29052	6799	22253
Syringes (5ml)	40831	11980	28851
Needle	51223	6361	44862
Alcohol Swab	131449	27465	103984
St. Water	176	116	60

3.3 Counseling

Naya Goreto also provided counseling services to drug users and their family members as per their needs by the professional and experienced counselor.

S.N.	Type of counseling	Number
1	Individual	50
2	Family	6
3	Partner	1
Total		57

3.4 Referrals

Naya Goreto referred the clients and general community people for further services to different other organizations according to their need.

S.N.	Services	No. of referrals
1	V.C.T.	47
2	S.T.I.	1
3	O.S.T.	8
4	Rehabilitation Centre	20
5	Abscess Management	3
6	TB testing	0
7	Other medical problems	8
8	Essential package of care for PLHA	1
Total		88

3.5 Monthly PE Meeting

Drug users are still treated badly and discriminated in families and society. Thus PE meetings create them a common platform to share their feelings and provide them emotional and psychological support for staying away from drugs and avoid unsafe behaviors which can lead to the transmission of HIV and other blood borne diseases. A service provider needs to be aware of the types of service seek by the service receiver. Thus, Naya Goreto conducted PE meetings every month to assemble the views of current users as well as to provide them platform for putting up their views.

Detailed Information

SN	Date	Venue	No. of participants
1.	20 th November 2011	Jawalakhel	18
2.	12 th December 2011	Emukhel	15
3.	10 th January 2012	Imadol	19
4.	5 th February 2012	Torkha	15
5.	26 th Mar 2012	Jenbahal	16
6.	4 th April 2012	Mangalbazar	16
7.	23 rd May 2012	Prayagpokhari	18
8.	17 th June 2012	Mangalbazar	15
9.	9 th July 2012	Sundhara	15
10.	19 th August 2012	Ette Youth Club	17
11.	7 th September 2012	Ekhalakhu	19
12.	5 th October 2012	Mangalbazar	17
Total			200

3.6 HR BCC Session

Attitudes and behavior of a person plays an important role in an individual's identification. Drug users are identified and treated negatively in the society due to their negative behavior. As drug use is a behavior related matter, early correction of behavior and attitude could help an individual to stay away from using drugs. Also the behavior correction could help a person in relapse prevention to those who are in abstinence of drug. BCC session promotes an individual to apply sober behavior practices. Thus, Naya Goreto conducted BCC sessions with young people, Current drug users and drug users under treatment process.



Detailed Information

SN	Date	Venue	No. of participants
1.	25 th November 2011	Chhabahal	14
2.	20 th December 2011	Patan dhoka	14
3.	11 th January 2012	Yatayat	17
4.	17 th February 2012	Sunakothi	15
5.	5 th Mar 2012	Prayagpokhari	18
6.	20 th April 2012	Pulchowk	20
7.	30 th May 2012	Imadole	14
8.	20 th June 2012	Sinchahiti	14
9.	16 th July 2012	Tangal	16
10.	6 th August 2012	Lagankhel	16
11.	23 rd September 2012	Chhabahal	16
12.	7 th October 2012	Sinchahiti	15
Total			189

3.7 Special Day Celebration

3.7.1 World AIDS Day Celebration 2011

World AIDS Day is celebrated on 1st December every year to express condolence to the people who died due to AIDS as well as to sensitize people on HIV and AIDS throughout the world. The theme for World AIDS Day 2011 was “Getting to zero”. The theme moreover emphasized zero new infections, zero AIDS related deaths and zero discrimination towards people living with HIV and AIDS. Naya Goreto organized 2 street dramas, mandala painting, documentary shows and information stall. These activities were performed to mark the day as an important social event and widely spread out the information through entertaining visual display.

Two street dramas were performed to aware the community on drug, HIV and TB/HIV co-infection. The dramas displayed different social tribulations that increase transmission of HIV infection. The street drama marked the overall components relating drug use, HIV infection and TB/HIV co-infection including physical, psychological and social complications.

Volunteers of Naya Goreto prepared mandala (art) of World AIDS Day 2011 at the courtyard of Durbar Square. Documentary shows on HIV and AIDS were presented to general people to disseminate information on HIV and AIDS. Naya Goreto also distributed IEC materials and condoms to the community member.



3.7.2 Anti Drug Day Celebration

The **International Day against Drug Abuse and Illicit Trafficking** is celebrated each year on 26th June, with a principle to aware people all over the world on Drug abuse, its illegal trade and its negative effects. This annual event draws social and political attention towards drug use and other related issues. Thus, Naya Goreto organized a general health camp and signature campaign to mark the International Day against Drug Abuse and Illicit Trafficking 2012.

Naya Goreto conducted General Health Camp at Jhatapole in collaboration with SEWA, Luja saving and credit cooperative society and Lalitpur Health Network. The participants were provided with free medicines purchased by Naya Goreto under UNODC and received from DPHO and Christina Foundation (Bir Hospital). The local community people including drug users were benefitted from the health camp.

The signature campaign was conducted to protest against the violent activities in the treatment centers of Nepal. The signature campaign was held in Mangalbazar on presence of drug users, youths and other general people. In this campaign, those people who were against the awful behavior faced by drug users appreciated the movement by their signature. The signature campaign was submitted to Chief District Officer of Lalitpur and Home Ministry and requested to strictly observe and monitor the issue.



3.8 Community Sensitization

Harm reduction is an important approach for minimizing the risk of HIV infection, blood borne diseases and crime among drug users and affected population. But many people have negative opinion on the needle syringe exchange program due to lack of knowledge on harm reduction. An educated community is an important aspect for sustainability of any program. So, community sensitization on Harm Reduction can help in prevention of HIV and other blood borne disease transmission. Naya Goreto conducted three community sensitization programs according to the work plan.

Detailed Information

SN	Date	Venue	No. of participants
1.	28 th February 2012	Earthquake Control Division, Dhaugal.	34
2.	5 th May 2012	Sunakothi Youth Association, Sunakothi.	30
3.	30 th August 2012	Nashal Chowk, Mangalbazar.	25
4.	9 th November 2012	W.H.I.C.-6, Kanibahal.	29
Total			118

3.9 Orientation Program on Harm Reduction

Proper knowledge on harm reduction and support from families, health workers and community members, women groups play a vital role to prevent transmission of blood borne diseases, reduce physical and mental complications faced by drug users and change negative perception of general people towards the drug users. With this concept, Naya Goreto oriented different groups of people to broaden the information on harm reduction.

Detailed Information

SN	Date	Venue	Target group	No. of participants
1.	6 th December 2011	Naya Goreto Meeting Hall, Balkumari.	Youth club members	33
2.	2 nd March 2012	Samata Sikshya Niketan, Gwarko.	School students	60
3.	25 th June 2012	Café de Patan, Mangalbazar.	College students	30
4.	28 th September 2012	Torkha.	Community members and their peers	30
Total				153



3.10 Advocacy Program on Harm Reduction

Naya Goreto has been advocating for the rights of different marginalized population to secure their human rights. It is an important approach to discuss on right of drug users to create an enabling environment for easy access of harm reduction services and reduce stigma and discrimination towards them. Advocacy programs were conducted by Naya Goreto with the objective to widen information and knowledge on drugs, HIV and AIDS.

Detailed Information

SN	Date	Venue	Target group	No. of participants
1.	27 th January 2012	Bounce Back Nepal	Drug user under treatment and volunteers	22
2.	29 th April 2012	Jhatapole Mother Group	Women's group	25
3.	29 th July 2012	Café de Patan, Mangalbazar	Members of Lalitpur Health Network	28
4.	15 th October 2012	Natole	Women's group	32
Total				107



3.11 General Health Camp

Health is one of the major components for development of an individual and community. Promotion of health, prevention of diseases and disability are important factors for a healthy living. Early detection and treatment of the disease can be effective for prevention of disease and reduction of the prevalence in the community. Thus, Naya Goreto conducted general health camps with free health check up and medicine distributions through community based approach.

Detailed Information:-

SN	Date	Venue	No. of participants	In collaboration with
1.	17 th Mar 2012	Bidyakunja sec. school, Lamatar VDC	128	Pragati Youth Club, SEWA.
2.	26 th June 2012	Jhataole	90	Lalitpur Health Network, SEWA and Looza saving and credit cooperative society
Total			218	



3.12 Disposal of Syringes:-

Along with distribution of sterile needle and syringe, collection and proper disposal of used syringes play a vital role in prevention of HIV and other blood borne disease transmission. Thus, old and used syringes were collected from different using spots and from the clients and safely disposed by burning after disinfecting it with bleach water.

The details of collected syringe disposed throughout the reporting year are briefed in given table below:

S.N.	Date	2ml	3ml	5ml	Needle
1	29 th December 2011	18	214	348	2
2	31 st January 2012	33	155	258	13
3	29 th February 2012	8	232	469	24
4	30 th March 2012	149	180	362	165
5	30 th May 2012	17	119	138	62
6	29 th June 2012	63	266	364	183
7	31 st July 2012	10	59	89	86
8	31 st August 2012	28	157	206	154
9	28 th September 2012	30	141	279	65
10	12 th November 2012	58	451	661	504
	Total	414	1974	3174	1258

4. Linkage with National and Local AIDS Response

Naya Goreto, from its establishment, is working on coordination with DACC Lalitpur, NCASC, Lalitpur Sub-Metropolitan City and Public Health Section. Also Naya Goreto is submitting its monthly and annual report to DACC Kathmandu as well as Lalitpur. Further,

Naya Goreto has referral linkages with different organizations as per the need of the clients in getting proper medications and treatment. Thus, Naya Goreto has always maintained strong linkages with community based organizations working in the field of drug, HIV and related issues as well as governmental bodies for positive response towards drug use, HIV and AIDS.

5. Risk Analysis (Assumptions)

During this year, Naya Goreto had to face some conflicts from the local community due to operation of DIC in that area. The community members had some unsecured feelings because of increasing number of drug users in that locality due to DIC. The local people were consulted on the functions of DIC and the drug users were also alerted in this issue.

6. Monitoring

Outreach workers and peer educator prepares log sheet of daily activities in DIC and outreach. The records of collected data is monitored by DIC coordinator each month and compiled into a monthly report. The quarterly report is analyzed by the program director of the organization. Collected data is used to monitor the service provided by the organization.

Weekly staff meeting is conducted to analyze progression of service delivery and problems faced during service provision. The meeting reviews weekly activities and also plans for the next week.

7. Implementation challenges and lessons learned

The major challenges that we have faced during the year are as follows:

- Difficulty in outreach coverage due to limited outreach staffs and increasing number of hidden clients.
- Drug users hesitate to return used syringes or dispose syringe properly due to fear of police personnel and being revealed as drug users

8. Conclusion

Naya Goreto conducted different awareness raising, information sharing and advocacy program on drug use, harm reduction, HIV and other blood borne diseases during the year. Further, drug users were benefited from needle syringe exchange program through DIC and outreach. Thus Naya Goreto has performed its best to achieve the target of the project through mobilization of the team members.